FIQH SYLLABUS CLASS 4 (7 YEARS OLD)

Lesson Topic

LESSON 1: ISLAM

LESSON 2: USOOL-E-DEEN - INTRODUCTION

LESSON 3: TAWHEED

LESSON 4: ADAALAT

LESSON 5: NABUWWAT

LESSON 6: IMAMAT

LESSON 7: QIYAMAT

LESSON 8: THE PREPARATION OF SALAAT

LESSON 9: TAHARAT AND NAJASAT

LESSON 10: THINGS THAT BREAK WUDHU

LESSON 11: COMPLETE WUDHU - REVISION

- WUDHU TEST AZ-ZAHRA

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LESSON 16: SALAAT RECITATION TEST

- AZ-ZAHRA CERTIFICATE

LESSON 17: SAWM

LESSON 4.1: ISLAM:

Islam = give in and obey the will of Allah.

Allah had made us and therefore knows what is good and bad for us, and by following Islam totally, we will be at peace with ourselves.

Islam comes from the word Salaam.

Salaam = peace

Islam is not like other religions, which are named either by the person who found the religion, or the land where the religion first came about.

E.g.1: Judaism is named after the tribe Judea of the land by the same name.

E.g.2: Christianity is named after Christ (Prophet Isa).

Islam is not named after Prophet Muhammad (S) because we do not believe that he was the founder of Islam. Islam is the religion of Allah. Allah says in the Holy Qur'an in: **Sura Ali Imran verse 19:**

"Indeed the religion with Allah is Islam." (3:19)

Islam is the only religion taught by all 124,000 Prophets, from Prophet Adam to Prophet Muhammad (s.a.w.).

The basic teachings of all of the Prophets were the same, but the laws of religion were different depending on the time of the Prophet and the understanding of the people of that time.

E.g.: If you want to explain about a car to a child you will first tell him that it is something with wheels that takes him from one place to another. As the child gets older and more mature you will explain that the car has an engine that needs petrol to make it work. As the child gets older still you will explain more about how the car works, until finally he understands the car fully.

In this same way the Prophets all taught that there is one God and that they were His Prophets. However, the rules of the religion came as and when Allah thought the people were ready understand.

Finally, the complete religion of Islam was sent to the world, through Prophet Muhammad (S).

WORKSHEET 4.1: ISLAM:	
Answer the following questions:	
1. What does Islam mean?	
Islam means:	
·	
2. Why is Islam not named after Prophet Muhammad (s.a.w.)?	
Islam is not named after the Holy Prophet (s.a.w.) because:	
3. Who is Christianity named after?	
Christianity is named after:	
4. What have all the Prophets always taught?	
All the Prophets have always taught that:	
<u></u>	
5. What has Allah said about Islam in the Qur'an? And in what Surah?	
Allah has said in Suratul that:	

LESSON 4.2: USOOL-E-DIN – INTRODUCTION:

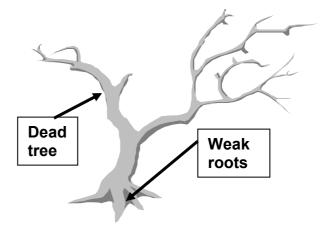
Just as a tree is made up of roots and branches so is the religion of Islam.

Usool-e-din = the roots of the religion

Furoo-e-din = the branches of the religion

Just as in a tree the roots are more important to the tree then the branches, so in Islam the Usool is more important for our Faith then Furoo.

If in a tree the branches of the tree were to be chopped off the tree would still live and the branches would grow back slowly, but if the roots of the tree were to be chopped off, the tree would die.



In the same way if one does not fully understand the furoo (branches) but does them anyway, the religion (Islam) would still live and the understanding would come slowly.

Yet if a person does not understand the Usool (roots) then his Faith would die because these are basic beliefs of Islam.

Every Muslim has to understand Usool to the best of their ability.

Usool-e-din (roots of religion) are 5:

- **Tawheed** Allah is One.
- Adaalat Allah is Just.
- Nabuwwat Allah sent 124,000 Prophets to guide us.
- Imamat Allah sent 12 Imams to guide us.
- **Qiyamat** The Day of Judgement.

WORKSHEET 4.2: USOOL-E-DIN:

Answer the following:

Allower the following.					
1. Why are the Usools more important to our Faith than the Furoos?					
Usools are more important to our Faith because:					
2. Which Usoo	ol teaches us that there is only One God?				
3. Which Usoo things we do ii	ol talks about the Day when we will be rewarded for all the n our lives?	good			
Learn the poem	1:				
	Usool-e-din, Usool-e-din,				
	The roots of Islam are five, The roots of Islam are five,				
	Tawheed, Adaalat, Nabuwwat, Imamat, and Qiyamat,				
	Usool-e-din, Usool-e-din,				
	Allah is one and He is just Allah is one and He is just				
	Prophets He sent many to guide us Prophets He sent many to guide us				
	Imams twelve He also sent us Imams twelve He also sent us				
	And on the Day of Judgement He will ask us,				
Ļ	What did you do ? What did you do ?				
	Oh my creatures on the earth!				

LESSON 4.3: TAWHEED:

Tawheed = there is only One God.

Allah explains Tawheed in the Holy Qur'an in Suratul Ikhlas:

بِسْمِ اللهِ الرَّحْمٰنِ الرَّحِيْم

In the name of Allah, the most Kind, the most Merciful.

قُلْ هُوَ اللَّهُ أَحَدُّ

Say that He is one

اَللّٰهُ الصَّمَدُ

He needs nothing, but everything else needs Him.

لَمْ يَلِدُ وَ لَمْ يُولَدُ

He has no children, nor does He have parents

وَ لَمْ يَكُنْ لَّهُ كُفُوًا اَحَدُ

And there is none other equal to Him.

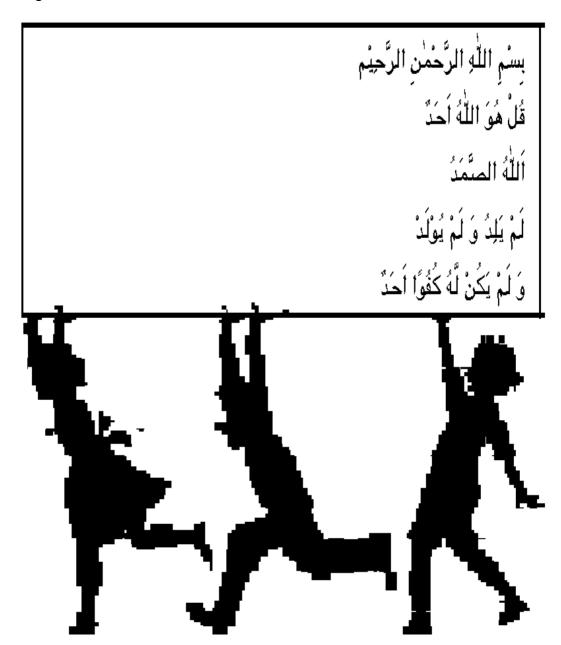
When you believe in Tawheed it means that you believe:

- there is only One God whom you Worship
- that He is the only One on Whom you rely for everything AND
- He is the one that you do everything for.

When you truly rely on Allah for everything, you will not need anyone else or be afraid of anyone else.

WORKSHEET 4.3: TAWHEED:

Write down the meaning of each line in Suratul Ikhlas and learn the Surah with its meaning.



What is this Surah teaching us?

This Surah is teaching us:		

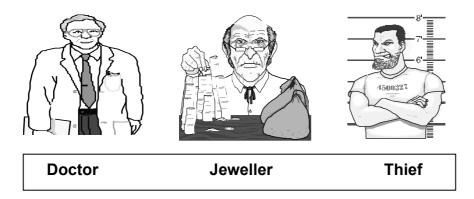
LESSON 4.4: ADAALAT:

Adaalat = Allah is Just.

Allah's Justice does not mean that Allah is equal to everyone. Equal and just are not the same thing.

When the word Justice is used for Allah, it means that He keeps a balance between the needs of all His creatures.

In a town lived a doctor, a jeweller and a thief.



In the morning, they all prayed to Allah to increase His blessings to them.

That day, the thief wanted to go and rob the jeweller. Instead he fell ill and had to go to the doctor.

The jeweller did not make much money at all that day, because it rained and all his customers stayed at home.

Now let us study this story.

The thief fell ill - so it seems that he was treated unfairly by Allah.

The doctor got an extra patient (the thief!) so it seems he was treated fairly by Allah.

The jeweller lost business because it rained, so it seems Allah treated him unfairly.

So was Allah Just to all of them? We see that fairness and unfairness does not describe Adaalat fully. To understand it we must realise that **Allah keeps a balance between the needs of all His creatures.**

Now let is study the story again.

The doctor did get blessings from Allah because he got an extra patient.

The thief did get blessings from Allah because his illness saved him from the sin of stealing.

The jeweller did get blessings from Allah because even though he did not do much business, he was not robbed.

So we see that Adaalat means that Allah is Just because He keeps a balance between the needs of all His creatures.

WORKSHEET 4.4: ADAALAT:

1.	How was Allah fair to the jeweller?
2.	When we say that Allah is Just do we mean that he will put everybody in heaven?
_	
3.	How was Allah fair to the thief?

LESSON 4.5: NABUWWAT:

Nabuwwat = Prophethood.

Allah sent 124,000 Prophets to guide us.

The first Prophet was Prophet Adam.

The last Prophet was Prophet Muhammad (s.a.w.)

Allah talks to the Prophets in one of three ways:

- 1. Directly, **E.g.** Prophet Musa
- 2. Through a dream, **E.g.** Prophet Ibrahim
- 3. Through the angel Jibrail, **E.g.** Prophet Muhammad (s.a.w.)

All Prophets have to be:

- chosen by Allah,
- Ma'sum not have committed any sin, not even by mistake.
- able to perform miracles
- the person at that time with the best Akhlag and the most knowledge

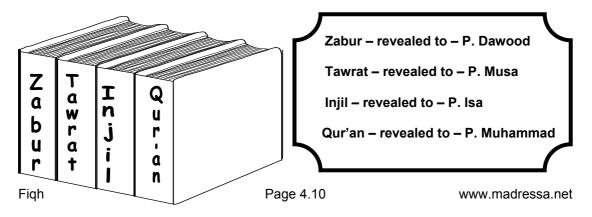
There are 5 Special Prophets called the Ulul Azm Prophets: They are:

- Prophet Nuh
- Prophet Ibrahim
- Prophet Musa
- Prophet Isa
- Prophet Muhammad

The Prophets usually had their new set of laws (Shari'ah) made into a book. These are known as Divine books:

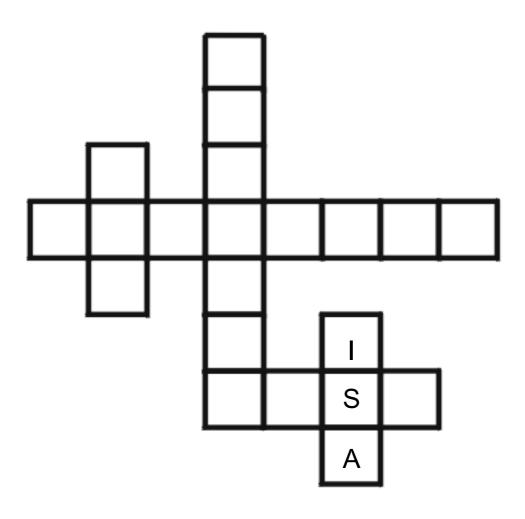
 Prophet Nuh and Prophet Ibrahim each had a Divine book but not much is known about either of these books.

The other Divine books that we know of are:



WORKSHEET 4.5: NABUWWAT

Can you fit the names of the Ulul Azm Prophets in the crossword? One has been done for you.



1. What are the 4 qualities that a Prophet must have?

Prophets must be:

-			•
-			
-			
-			
2.	How many Divine I	Books are there? And what are th	ey called?
The	ere are	_ Divine Books. And they are:	

LESSON 4.6: IMAMAT:

Imamat = belief in the need for guides after the Holy Prophet (S).

There are 12 such guides (A-immah).

A-immah = plural of Imam.

Imam = guide or leader.

Just like the Prophets, the A-immah have to be:

- chosen by Allah,
- Ma'sum not commit any sin, not even by mistake.
- able to perform miracles
- the person at that time with the best Akhlaq and the most Knowledge

The 12th Imam, Imam Muhammad al-Mahdi (a.s) is the Imam of our time and is still alive.

When we hear his name we should:

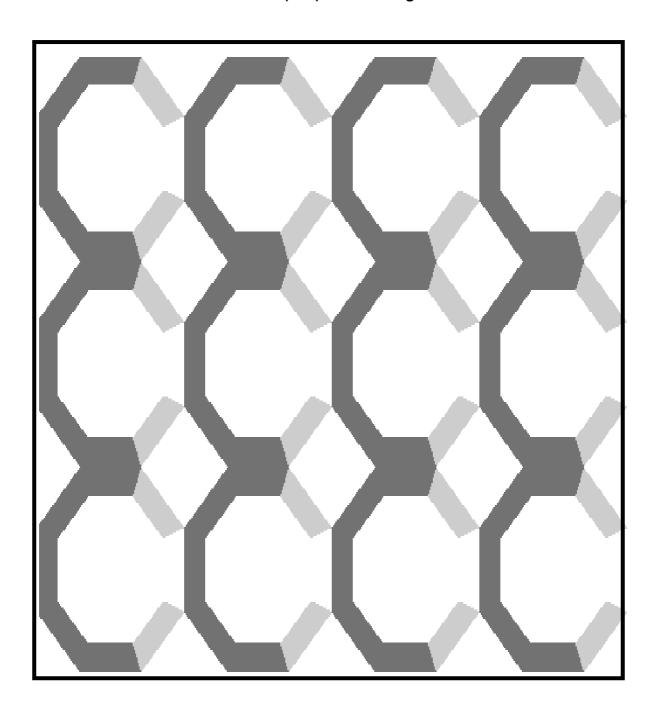
- stand up
- put our right hand on our head AND
- bow our head down, to show our respect for him.

Our Holy Prophet (S) has said that any Muslim who dies without knowing the Imam of his time dies the death of a non-believer.

The A-immah (a.s.) are there to help and guide us when we do not understand something, or when we forget something, and to pray on our behalf to Allah.

WORKSHEET 4.6: IMAMAT:

Write the names of the A-Immah (a.s.) in the octagon chain:



LESSON 4.7: QIYAMAT:

Qiyamat = belief in the Day of Judgement.

It is the day that we will account for all our actions in this world.

Allah says in the Holy Qur'an in **Suratul Mulk Verse 2**:

"It is He who has created death and life, that He may test which of you does the best of deeds..." (67:2)

Why does there have to be Qiyamat?

- Allah did not create us without purpose, so that when we die that is the end of
- Divine Justice. Not all good can be repaid in this world.
- building a Mosque, teaching a child. E.g.

So, we need a Day of Judgement to sort out the account of all our deeds.

The Hereafter:

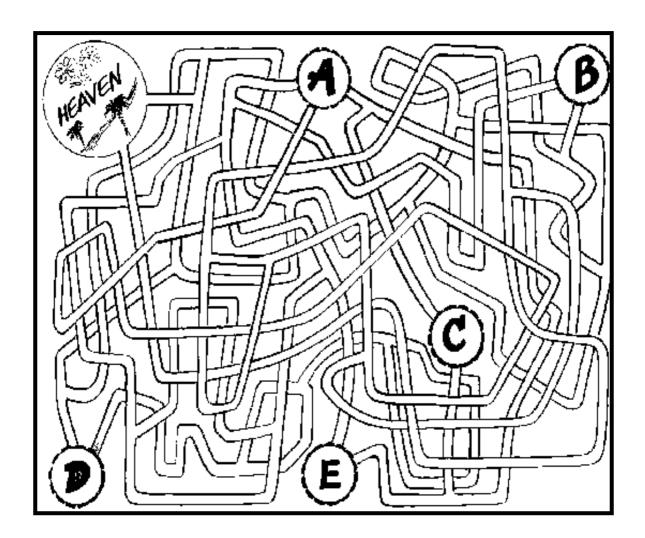
We are told here that no matter how wonderful we think Heaven is going to be, it will be better. We will never be able to imagine how wonderful it really will be.

Everyone was made in this world to go to Heaven. If we always do what Allah has told us to do and stay away from whatever Allah has told us to stay away from, then, we will all end up in Jannat.

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WORKSHEET 4.7: QIYAMAT:

Why is there a need to have Qiyamat?

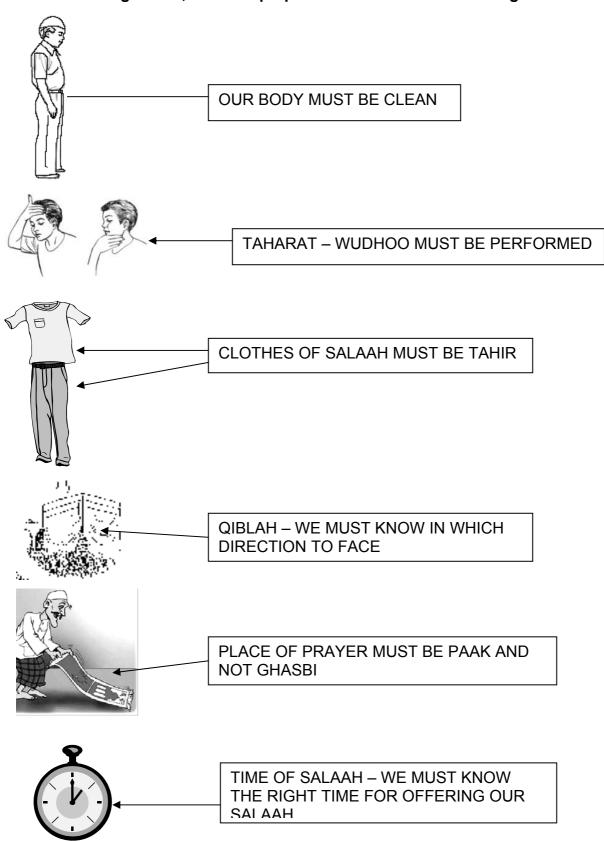


Some of the people, amongst A,B,C,D and E, are Kafirs and cannot seem to find the direct road to heaven. Find out who they are and write down about 3 things that they could do to help them reach Jannat.

1:	 	 	
2:			
3:			

LESSON 4.8: PREPARATION OF SALAAT:

Before starting Salaat, we must prepare ourselves in the following manner:



LESSON 4.9: TAHARAT AND NAJASAT:

Taharat = Purity (not cleanliness)

Najasat = Impurity (not dirty)

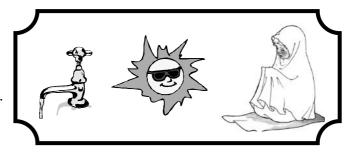
Things that are Najis will make other things Najis when:

- they are wet AND
- they are touched by that Najis thing.

Mutahhiraat = those things that can make a Najis thing Tahir (pure).

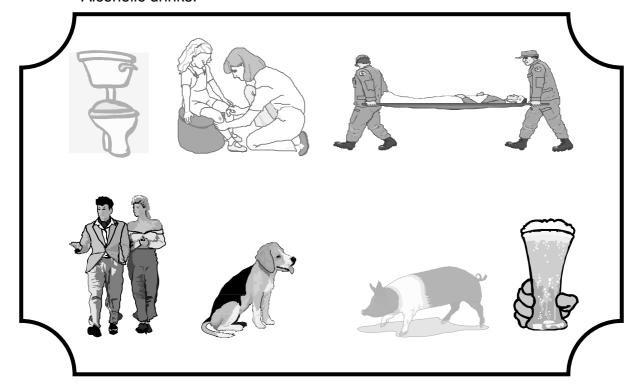
Some Mutahhiraat are:

- Water
- Sun
- Becoming a Muslim.



Some things that are 'Ayn Najis' - originally Najis are:

- Urine and Stool
- Blood
- Dead body
- Kafir (unbeliever)
- Dog
- Pig
- Alcoholic drinks.



In the Shape below write down things that are Ayn-Najis. What does Mutahhiraat mean? Mutahhiraat means: In the Shapes below, write some Mutahhiraat. What is the difference between Najasat and dirty?	WORKSHEET 4.9: TAHARAT AND NAJASAT:
In the Shape below write down things that are Ayn-Najis. What does Mutahhiraat mean? Mutahhiraat means: In the Shapes below, write some Mutahhiraat. What is the difference between Najasat and dirty?	A pig is Ayn-Najis. What does Ayn-Najis mean?
What does Mutahhiraat mean? Mutahhiraat means: In the Shapes below, write some Mutahhiraat. What is the difference between Najasat and dirty?	Ayn Najis means:
Mutahhiraat means: In the Shapes below, write some Mutahhiraat. What is the difference between Najasat and dirty?	In the Shape below write down things that are Ayn-Najis.
What is the difference between Najasat and dirty?	
What is the difference between Najasat and dirty? The difference is:	In the Shapes below, write some Mutahhiraat.
The difference is:	
	The difference is:

LESSON 4.10: THINGS THAT BREAK WUDHU:

Some of the things that break Wudhu (make Wudhu Batil) are:

Urine and Stool:

If after performing Wudhu you go to the toilet to pass urine or stool, your Wudhu is Batil and you have to do Wudhu again.

Passing gas from the Stomach:

If you pass gas from the stomach, after having performed Wudhu, your Wudhu is Batil.

Sleep:

If you sleep after having done Wudhu, your Wudhu is Batil.

E.g.: If you sleep at night after doing Wudhu you cannot pray your Fajr Salaat without redoing your Wudhu because your Wudhu became Batil when you slept.

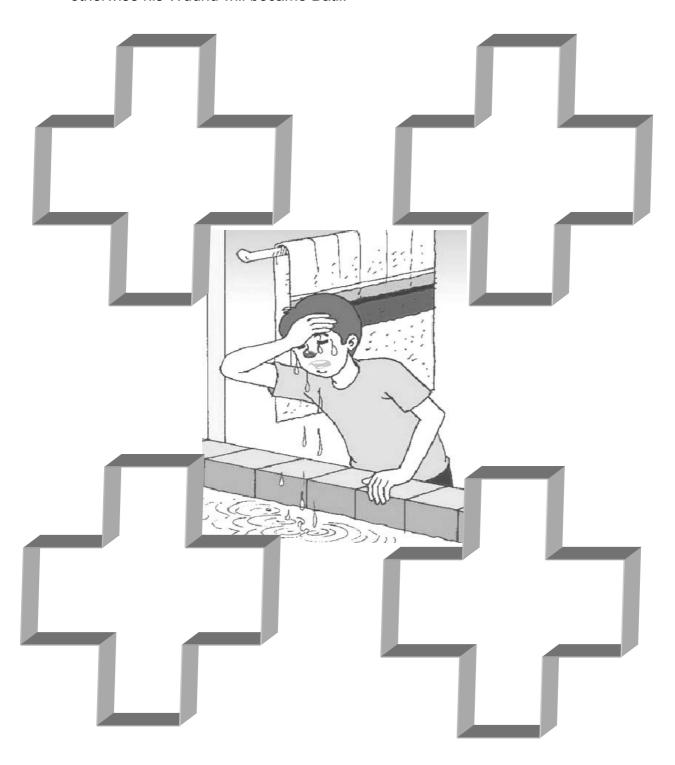
Unconsciousness:

If after having done Wudhu you lose consciousness, your Wudhu is Batil.

E.g.: Fainting

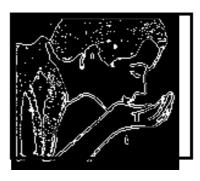
WORKSHEET 4.10: THINGS THAT BREAK WUDHU:

Zahid is doing Wudhu. Write in each cross, the things he must remember **not to do**, otherwise his Wudhu will became Batil.



LESSON 4.11: COMPLETE WUDHU - REVISION:





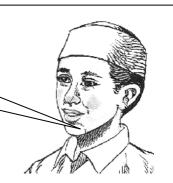


Washing Hands (Mustahab)

Gargling 3 times (Mustahab)

Washing Nose 3 times (Mustahab)

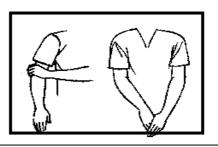
I am doing Wudhu for the pleasure of Allah, Qurbatan ilallah



Niyyat (Wajib)



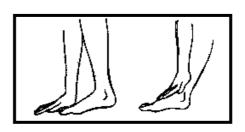
Washing of the face (Wajib)



Washing of the arms (Wajib)



Masah of the head (Wajib)



Masah of the feet (Wajib)

LESSON 4.11: PRACTICAL WUDHU TEST – AZ-ZAHRA CERTIFICATE:

For the Practical Test, your child should know:

- All the Mustahab Actions of Wudhu,
- How many times each Mustahab action is done, AND
- All the Wajib Actions of Wudhu

has been tested on the above requirements and has performed satisfactorily.				
Signature of teacher:	Date			
If the child has not passed the test sat letter below.	tisfactorily the teacher should fill in the			
Dear Parent,				
Your child was te	sted on Wudhu but did not know:			
 All the Mustahab Actions of Wudh How many times each Mustahab a All the Wajib Actions of Wudhu 				
Please ensure that s/he knows the above their Az-Zahra Certificate.	e for next week, so that s/he may receive			
Signature of teacher	Date			

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LESSON 4.12: THINGS THAT BREAK SALAAT:

Some of the things that break Salaat (make it Batil) are:

- All the things that make Wudhu Batil.

E.g. going to the toilet, falling asleep, etc.

- Turning away from Qiblah
- Eating or drinking.
- Speaking except to reply to Salaam with the same answer (Salaam)
- Laughing
- Folding your arms intentionally.
- Saying 'Ameen' after Suratul Fatiha.

WORKSHEET 4.11: THINGS THAT BREAK SALAAT:

Hassan and Husain were praying their Salaat. Write down all the things that they must not do, otherwise their Salaat will be Batil.



LESSON 4.13: TIMINGS OF SALAAT

Allah says in the Holy Qur'an:

Establish Salaat from the declining of the sun till the darkness of the night and the morning recitation;

The above verse tells us that the timings of Salaat are:

When the sun declines - time for Dhohr and 'Asr Salaat
 Darkness at night - time for Maghrib and Eisha Salaat

- The morning recitation - time for Fair Salaat.

Dhohr + 'Asr Salaat together = Dhohrain Salaat

Maghrib + Eisha Salaat together = Maghribain Salaat

Timing in more detail:

Fair Salaat:

From True Dawn up to Sunrise.

Dhohrain Salaat:

From Midday Noon up to Sunset.

Maghribain Salaat:

From the time the sun sets (the redness in the sky disappears) up to Midnight.

Although Allah has given us so much time in which to pray, we should try to pray as soon as the time sets in for that Salaat (Fadhilat - best time), because we can not wait to thank Allah in the way He likes us to, for all the wonderful things He has given us.

WORKSHEET 4.13: SALAAT TIMINGS:

Write the timings for each Salaat for the whole week:

	Mon	Tue	Wed	Thurs	Fri	Sat	Sun
Fajr							
Dhohr							
Asr							
Maghrib							
Eisha							

Now write the timings when you prayed each Salaat during this week:

	Mon	Tue	Wed	Thurs	Fri	Sat	Sun
Fajr							
Dhohr							
Asr							
Maghrib							
Eisha							

LESSON 4.14: NIYYAT:

Niyyat = intention = what you are going to do.

Before you do any action you should make the habit of doing Niyyat, even if the action is a necessity, **E.g.** eating

And your Niyyat should be that, whatever you are doing, for the pleasure of Allah - "Qurbatan ilallah".

In this way you will get Thawaab for all these actions.

In certain actions the Niyyat is Wajib (you have to do it).

Wajib = you have to do it

E.g.: Salaat

Before you start your Salaat you have to do Niyyat.

When making this Niyyat you must:

- Say which Salaat you are about to pray.
- Say whether the Salaat is Wajib or Mustahab
- Say whether the Salaat is Ada (on time) or Qadha (after time).
- Say Qurbatan Ilallah that the Salaat is only for the pleasure of Allah
- Make sure that the Niyyat remains the same up to the end of your Salaat.

STORY ABOUT NIYYAT:

There was once a very pious man who used to wake up early in themorning before Fajr Salaat to pray Salaat of Tahajjud (Shab).

One morning he was praying his Salaat in the Mosque, when he heard a noise behind him. He thought to himself that someone had come into the Mosque, so he started praying his Salaat slower and more beautifully, to impress the person who had come in.



The man prayed his Salaat so beautifully and so slowly, making sure that he said each word clearly, that it took him twice as long as normal to finish the Salaat.

When at last he finished he turned around to see who it was that had come into the Mosque, and he saw sitting there a dog, who had wandered in.

The man had got up early in the morning and spent so much time and effort to pray his Salaat and all for a dog!



To see if your Niyyat is "Qurbatan ilallah" look at how you pray your Salaat when you are at home on your own and when you are at Mosque where everyone can see you. If there is a difference in the way you pray then your Niyyat is NOT only "Qurbatan ilallah".

Remember you will NOT get Thawaab if you are doing it for anyone except Allah.

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WORKSHEET 4.14: NIYYAT:

Draw below what the man was doing for the dog.

Why did the man not get	any Thawaab for His Salaat ?
He did not get any Thaw	aab because:
What does Niyyat mean	 ?
What does Myyat mean	•
Niyyat means:	

When should you do Niyyat?

What does 'Qurbatan ilallah' mean?

You should do Niyyat: _____

It means: _____

LESSON 4.15: TA'QIBAAT - TASBEEH:

Ta'qibaat is the recitation of Qur'an, Du'as, Tasbeeh and Ziyarat after the Salaat.

The Tasbeeh that we recite after our Salaat is known as the Tasbeeh of Bibi Fatima Az-Zahra (a.s.) because her father, our Holy Prophet, Prophet Muhammad (s.a.w.), gave her this as a present.

The Salaat is like a beautiful flower and the Tasbeeh of Bibi Fatima Az-Zahra (a.s.) gives that beautiful flower a beautiful smell.

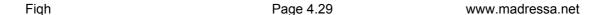
So after every Salaat we should say the Tasbeeh of Bibi Fatima (a.s.) because we want our Salaat to be like a beautiful flower with a beautiful smell.

The Tasbeeh of Bibi Fatima az-Zahra (A) is:



After you have recited the Tasbeeh, you should go down to Sajdah to thank Allah for everything He has given you and to ask Allah for whatever you wish.

Then recite Ziyarat:



ٱلسَّلاَمُ عَلَيْكَ يَا رَسُوْلَ اللَّهِ ٱلسَّلاَمُ عَلَيْكَ يَا آمِيْرَ الْهُ أَلسَّلاَمُ عَلَيْكِ يَا فَاطِمَةَ ا السَّلامُ عَلَيْكِ يَا خَدِيْجَةَ ا السُّلامُ عَلَيْكَ يَا حَسَنَ اَلسُّلامُ عَلَيْكَ يَا أَبَا عَبْدِاللَّا

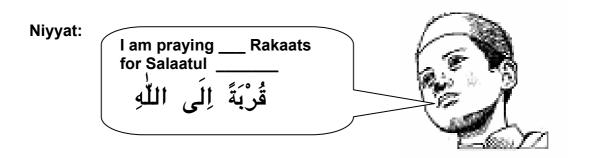
Learn the Ziyarat and try and recite after you Salaat everyday

LESSON 4.16: SALAAT RECITATION

Qiyam:

In Qiyam:

- 1st you do your Niyyat, 2nd you do your Takbiratul Ehram
- 3rd you recite your 2 Surahs



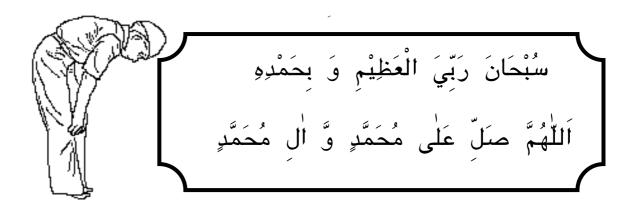
اللهُ اَكْبَر :Takbiratul Ehram

Suratul Fatiha and Suratul Ikhlas (It can be any complete Surah)

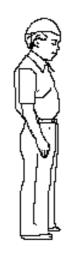


بِسْمِ ٱللَّهِ ٱلرَّحْمَنِ ٱلرَّحِيمِ ۞ ٱلْحَمَٰدُ لِلَّهِ رَبِّ ٱلْعَلَمِينَ ۞ ٱلرَّحْمَنِ ٱلرَّحِيم ۞ مَلِكِ يَـوْم ٱلدِّينِ ۞ إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ ۞ ٱهْدِنَا ٱلصِّـرَ ۚ طَ ٱلْمُسْتَقِيمَ ۞ صِـرَ ۚ طَ ٱلَّـذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ ٱلْمَغْضُوبِ عَلَيْهِمْ وَلَا ٱلضَّالِّينَ ۞ بِسْم ٱللَّهِ ٱلرَّحْمَنِ ٱلرَّحِيمِ قُلُ هُوَ ٱللَّهُ أَحَدُّ ۞ ٱللَّهُ ٱلصَّمَدُ ۞ لَمُ يَلِدُ وَلَمُ يُولَدُ ۞ وَلَمْ يَكُن لُّهُ و كُفُوًا أَحَدٌّ ۞

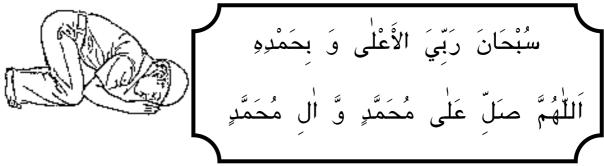
Ruku:



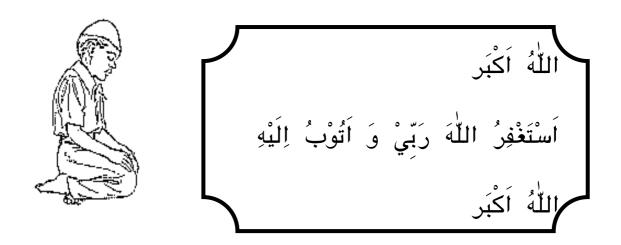
Qiyam after Ruku:



Sajdah:



Juloos:



Sajdah:



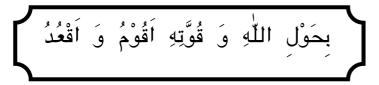
سُبْحَانَ رَبِّيَ الْأَعْلَى وَ بِحَمْدِهِ

Juloos:





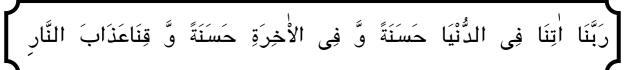
AS YOU ARE STANDING FOR THE NEXT RAKAAT:



In the 2nd Rakaat after the recitation in Qiyam (Qiraat) - Sura Al-Fatiha and Sura Al-Ikhlas,

After that do Qunoot:

Qunoot:

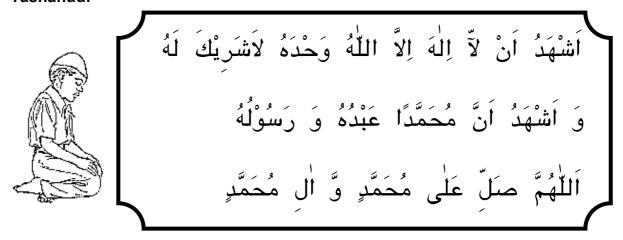


Ruku, Qiyam, Sajdah, Juloos, Sajdah, Juloos - all just like the 1st Rakaat

While still in Juloos:

- recite Tashahud only if it is a 3 or 4 Rakaat Salaat or
- recite Tashahud and Salaam if it is a 2 two Rakaat Salaat

Tashahud:

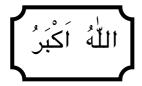


Salaam:

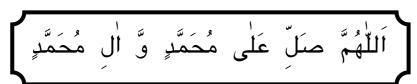


السَّلاَمُ عَلَيْكَ اَيُّهَا النَّبِيُّ وَ رَحْمَةُ اللهِ وَ بَرَكَاتُهُ السَّلاَمُ عَلَيْنَا وَعَلَى عِبَادِ اللهِ الصَّالِحِيْنَ السَّلاَمُ عَلَيْنَا وَعَلَى عِبَادِ اللهِ الصَّالِحِيْنَ السَّلاَمُ عِلِيْكُمْ وَ رَحْمَةُ اللهِ وَ بَرَكَاتُهُ

Then three times (raising your hands each time):



Then three times:



In the 3rd and 4th Rakaat in Qiyam, recite Tasbihaat-e-Arba'a 3 times:

LESSON 4.16: SALAAT RECITATION TEST - AS-ZAHRA CERTIFICATE

The child should:

- know the actions of Salaat perfectly.
- be able to recite Salaat with correct Makhraj

has been tested on Salaat recitation and has performed satisfactorily.		
Signature of teacher:	Date:	
If the child has not passed the test satisfactorily the letter below should be filled in by the teacher.		
Dear Parent,		
Your child was tested on Salaat recitation but did not know the following:		
 the actions of Salaat perfectly the recitation in Salaat with proper Makharij 		
Please ensure that s/he knows the above for next week, so that s/he may receive the Az-Zahra Certificate.		
Signature of teacher:	Date	

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LESSON 4.17: SAWM:

Sawm = fasting

Fasting = not eating or drinking from 'Subhe-Sadiq' (true dawn) to Maghrib time (just after sunset).

It is **Wajib** to fast in the month of Ramadhan.

The month of Ramadhan is the Holiest month in the Islamic calenda

Amongst the blessings of this month are:

- 1. The Holy Qur'an
- 2. The night of Qadr

In this month, every action, whether good or bad, carries more weight.

So:

- reciting the Holy Qur'an is good at all times, but more in this month; **AND**
- lying is an evil at all times, but more in this month.

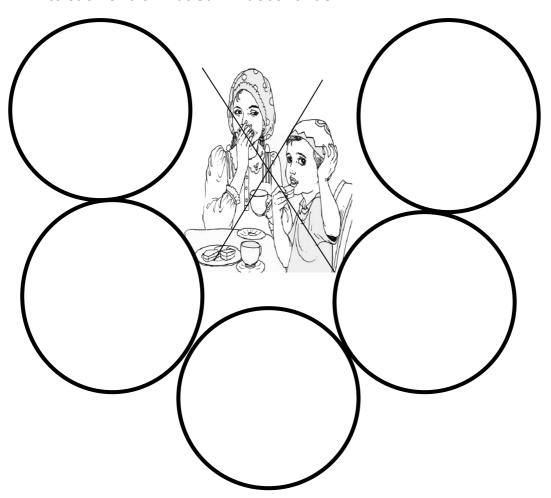
However, Sawm does not mean just staying hungry and thirsty throughout the day, but also to stay away from **Haraam** things as well.

Sawm helps you to:

- Strengthen your willpower.
- Think of the people who are not as lucky as you are.
- Think of Allah more often throughout the day.
- Clean up your digestive system.
- Change the way your life is to become a better Muslim.

WORKSHEET 4.17: SAWM:

Write each circle what Sawm does for us:



Does Sawm mean just staying hungry and thirsty?

Sawm means:		
From what time to what time do we keep fast?		
We fast from:		
In which month is it Wajib to fast?		
It is Wajib to fast in the month of	·	
What are the two main blessings of this month?		
A:		
D.		

Figh Homework / Revision / Comments Chart

Date	Details	Parents / Teacher Signature
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